Dear International Spouse,

We are delighted to welcome you to Stanford University and the Bechtel International Center. We know that you face significant changes in your life in moving here, and we want to help you make your experience a positive one. To assist you in creating an interesting and satisfying life here, we invite you to become a part of our international community and make use of the following resources at the "I-Center":

- **The Resource Center for International Families** is staffed by experienced peer advisers who speak a variety of languages and can share their experience as spouses. It offers a wealth of information that can help you to find interesting things to do here (English instruction, educational and volunteer opportunities, job search assistance, travel information, practical information for adults and children and more). Check our web site (see below) for current hours and languages spoken.

- **The Annual Calendar/Handbook.** This publication for international families serves as a brief guide to living in the Stanford area. You will find resources for learning English, finding employment, volunteer options, community arts & recreation and helpful contacts who speak your language.

- **The Welcome Committee for International Families** offers you an email contact with an experienced spouse who speaks your language. (See the above publication for details.)

- **Classes and Programs for International Spouses** - A variety of classes (English and other languages, the arts, cooking, dance), tours, interest groups (tennis, reading, music) and programs (Friday Coffee, workshops) are offered each quarter. Visit our lobby or web site for the full schedule.

- **Email list.** To receive regular announcements of I-Center programs for spouses, send an email to: icenter-spouseprograms-join@lists.stanford.edu. The subject and body of the message will be ignored, so it doesn’t matter what you put there. Your email address will be added to our list automatically.

- **Professional Liaison Program for International Spouses** will arrange an introduction to a local person with similar career interests. This program is for spouses with several years of experience in their profession. Application forms are available on the CCIS notice board in the I-Center lobby.

- **Spouse Education Fund of the CCIS** (Community Committee for International Students) offers modest grants to help spouses pursue educational or professional goals. (Applications are due in early November.)

The I-Center’s **Team for International Families**, would be happy to talk with you about how you can use the above campus and community resources to enhance your stay here. Stop by the Friday Coffee (10-12), or Resource Center during it's open hours, and check for the adviser who speaks your language. In addition, we welcome your ideas and participation in Stanford's international community! Many of our classes are taught by spouses like yourself. If you have an interest or skill or hobby that you can share, please contact us to talk about the ways in which you might become involved! In any case, we look forward to meeting you, and hope that the above programs can help make your stay at Stanford both pleasant and rewarding.

Sincerely,

I-Center Team for International Families,
Email: stanfordfamilies@gmail.com


*This letter is available in Japanese, Chinese, Korean, Spanish, French, German, Portuguese, Russian & Farsi.*